

# History

## The History of Adam's Mountain Café

Adam's was originally located at 733 Manitou Avenue and moved to 110 Cañon Avenue in 1995. Greg Adams started the café in 1984 and sold it to Merry Peniston in 1985. With some adjustment to the menu, the café quickly became a busy local establishment. Lines would form out the door despite any or all adverse weather conditions. Emphasizing a mostly vegetarian and somewhat eclectic cuisine from around the world, Adam's has been a favorite destination of locals and tourists for 23 years. The menu has seen little alteration in that every dish is somebody's favorite.

In 2001, the café was purchased by its current owner, Farley Kaminer McDonough. Farley began working at Adam's Mountain Café in 1991 as a server. Keeping with the same philosophy and standards established so many years before, the menu emphasizes conscientious preparation, service and style. The food is brilliantly prepared, delicious and interesting. Service is attentive and professional without seeming at all stuffy. The dining room is charming and full of detail including antique tables and chairs and Persian rugs that scatter the floors. The walls feature numerous pieces of original artwork by local artist, Charles H. Rockey. Adam's has become a benchmark for consistency and attention to detail while remaining fresh and current in the local restaurant scene. Although the location has changed throughout the years, the commitment and intention has not wavered; to serve good food in a setting that is unencumbered by the intensity of daily life in this fast paced world. The experience of eating at Adam's is intentionally low key in an effort to have everyone feel welcomed and appreciated. No advertising or promotion is allowed to be hung in the café so that emphasis remains on the food and the moment.

In 2007, the restaurant moved to the historic Spa Building in downtown Manitou Springs, located at 934 Manitou Avenue. The move is expected to be the final location of Adam's Mountain Café. Huge windows allow for a breathtaking mountainscape above and terrific streetscape at eye level. The patio runs along Fountain Creek and the west side of the building is open to Soda Springs Park; home to numerous events. Four mineral springs are within 50 yards of the café: Cheyenne, Navajo, Wheeler and the soon to be operating Soda Spring. In addition to the food, Adam's is committed to the community at large. Thank you for choosing Adam's.